

TECHNICAL GUIDE ENGLISH

GUÍA TÉCNICA



VUELTA 
FEMENINA
COSTA RICA 2022

DEL 14 AL 17 DE JULIO



UCI  ICODER

VUELTA FEMENINA A COSTA RICA 2022

July 14th to 17th 2022

NATIONAL AUTHORITIES	
Rodrigo Chaves Robles	President of Republic
Mary Munive Angermüller	Minister of Sport and Recreation
Alba Quesada Rodríguez	National Director of Costa Rican Institute of Sport and Recreation

ORGANIZING COMMITTEE	
Oscar Ávila Kopper	President
Oscar Herrero Sauma	Member
Marco Taylor Garino	Member
Luis De Ezpeleta Aguilar	Member
Evelyn Rodríguez Castillo	Member
Omar Vargas Ruiz	Member
Viviana Madrigal Cubillo	Member
Héctor Campos Araya	Member

ORGANIZING ADMINISTRATIVE	
Luis de Ezpeleta	General Director
Francisco León	Press Chief
Evelyn Rodríguez	Lodging and Feeding Coordinator
Dra. Rita R. Fernández Calderón	Race Doctor
Dra. Gabriela Araya Castillo	Race Doctor
Alexandra Sandoval	Radio Tour

COMMISSAIRES' PANEL	
Randy Shafer	President of the Commissaires' Panel
Randall Díaz Solís	Commissaire
Julio Zamora	Commissaire
Omar Vargas	Finish Judge
Minor Miranda	Finish Judge Assistant
Alba Zeledón	Timekeeper
Kattia Garita	Timekeeper
Rodolfo Quesada	Motobike Commissaire
Braulio Ezeta	Motobike Commissaire
Mario Ulate	Motobike Commissaire
Mario Sánchez	Motobike Commissaire – Board
Miguel Oviedo	Foto Finish – TV Commissaire- Secretary

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Article 1

ORGANIZATION

Vuelta Femenina a Costa Rica 2022 is organized by a Costa Rican Cycling Federation Committee -which could be place in San Jose, Mata Redonda, Parque Metropolitano La Sabana, Otilio Ulate Blanco Monument, in front of La Princesa Marina Restaurant. Phone numbers (506) 2231-7814, (506) 2231-3944, (506) 2296-1108 and the fax (506) 2231-4155; email fecoci@fecoci.net

This event will be conducted under the regulations of the Union Cycliste International. It is to be held from Thursday, July 14th to Sunday, July 17th.

The property and the rights of commercial exploitation of this event are exclusive to the Costa Rican Cycling Federation.

Article 2

TYPE OF EVENT

The event is available to teams, according to the Art. 2.1.005 of the UCI Regulations for Women Elite - Under 23 category (WE-WU). The event is entered on the UCI's International Calendar.

The event is registered as a class 2.2. In conformity with the UCI Regulations (Art. 2.10.017), points are awarded as follows:

Final Classification		Stage		Overall leader jersey wearer	
Position	Points	Position	Points	Position	Points
1 ^o	40	1 ^o	7	Leader	1
2 ^o	30	2 ^o	3		
3 ^o	25	3 ^o	1		
4 ^o	20				
5 ^o	15				
6 ^o	10				
7 ^o	5				
8 ^o	3				
9 ^o	3				
10 ^o	3				

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Article 3

PARTICIPATION

According to the article 2.1.005 of UCI Regulations, this event is available to the following teams:

- a) UCI Women's World Teams (max 3)
- b) UCI Women's Continental Teams
- c) UCI Women's cyclo-cross professional
- d) National Teams **
- e) Clubs or Local Teams **
- f) Mixed Teams **

** These teams be able to choose a 2nd year junior woman, previously authorization of the National Federation has extended the license.

According to the article 2.2.003 of UCI Regulations, the minimum number of cyclist for each team is four (4) and six (6) maximums. A team cannot participate with less than four (4) riders.

National club teams can strengthen their group with one (1) foreign cyclist maximum, at the same case, the foreign club teams can be reinforce by one (1) national cyclist maximum.

All National Teams or Foreign Club Team wishing to participate must present the letter of Permission from their National Federation, as well as those foreign riders that join local teams, according to Art. 1.2.052

Article 4

ORGANIZATION AND PRESS HEADQUARTERS

The Organizing Committee will make available the race and press headquarters in each of the starts and finishes, located in the FECOCI tent, as detailed for each of the stages:

Date	Route	Star	Finish
Stage 1: 14/07/2022	Florencia-Santa Clara-Pital.	Mobile FECOCI:	Mobile FECOCI: 12:00 - 15:00
Stage 2: 15/07/2022	Muelle-Santa Rosa Pocosol.	Mobile FECOCI:	Mobile FECOCI: 12:00 - 15:00
Stage 3: 16/07/2022	Florencia - La Virgen – San Miguel.	Mobile FECOCI:	Mobile FECOCI: 12:00 - 15:00
Stage 4: 17/07/2022	Ciud. Quesada-Aguas Zarcas-Ciud-Quesada.	Mobile FECOCI:	Mobile FECOCI: 12:00 - 15:00

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Article 5

PREVIOUS MEETINGS

The delivery and installation of communication equipment of Radio Tour and number of authorized vehicle for National Teams will be held July 12th, in the FECOCI's offices, in Schedule from 9:00 am to 12:00 md., in San José, Mata Redonda, La Sabana Metropolitan Park, Otilio Ulate Blanco Monument, in front of La Princesa Marina Restaurant.

The meeting of the press, for the delivery of accreditations and communication equipment, is scheduled for 15:00, July 13th in San José, Mata Redonda, La Sabana Metropolitan Park, Otilio Ulate Blanco Monument, in front of La Princesa Marina Restaurant.

The delivery with motorbikes and drivers will be held July 13th, in the FECOCI's offices, at 13:00.

A mandatory meeting with the PCP, Organization, police, security and people involved in driving vehicles in race will be held, also, July 13th, at 14:00 in the FECOCI's offices.

All the vehicle drivers in the race (motorcyclist, team and press drivers and so on) must have, in addition to their driving license, the license of the Costa Rican Cycling Federation to be admitted in the race, according to the Art. 2.2.035.

Article 6

TECHNICAL MEETINGS

The riders' confirmation as well as the delivery of back numbers and accreditations to team manager or technical director, will be held from 15:00 in July 13th, at San Carlos sport City in Ciudad Quesada.

The Technical Meeting- Sports Directors Meeting, also with the Neutral Assistance drivers -organized according to article 1.2.087 of the UCI Regulations-, with the presence of members of the Commissaries' Panel, will be held at 19:00, at Wednesday, July 13th, 2022, at San Carlos Sport City in Ciudad Quesada.

Article 7

INDIVIDUAL TIME TRIAL ORDER

The departure of the cyclists in the stage of Climbing Individual Time Trial will be made in reverse order of the Individual General Classification, according to article 2.6.023 of the UCI Regulations. The leader of this classification will be the last to start. In any case, the Commissaries' Panel can modify the order, to prevent that two cyclists from the same team from following each other. The interval between each cyclist departure shall be one (1) minute, except for the last ten (10) cyclist starting order, which exit every two (2) minutes.

Cyclists must be submitted to the starting area, 15 minutes before the scheduled time of their departure, for the respective check of their bicycles. The escort vehicles shall display (front windscreen) carry one of the dorsal number of the cyclist that they accompanying.

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According to article 2.2.024, in Time Trial, the use of radios or other remote communication media for or with the cyclist is allowed. The transmitter-receiver power used shall not exceed 5 watts. The radius of action of the system will be closed in the space occupied by the race. Its use is reserved for exchanges between cyclist and sports director and between cyclists of the same team.

Both, national and international teams will only be allowed a maximum of 3 following vehicles in the Time Trial.

Note: There will be no feeding allowed in this stage.

Article 8

RADIO TOUR

The information of the race situations will be produced by a Radio Tour media. The transmit frequency will be scheduled by the FECOCI. The transmission equipment will be delivered before the Sports Directors Meeting (Technical Meeting) and some alternative schedules. The transmission will be performed in Spanish and English. For Radio Tour, you will channel 1.

Article 9

NEUTRAL TECHNICAL ASSISTANCE

The neutral technical assistance service will be insuring by two (three required per 2.3.016) vehicles provided by SHIMANO. It will be properly equipped with spare bicycles, wheels, and properly sealed bottles of pure water. Participating teams are recommended to providing neutral vehicles with part of their material, to avoid compatibility problems. Those vehicles will be under the instructions of the President of the Commissaires' Panel.

In addition, the organization and SHIMANO will locate a wagon "broom" during each stage of competition, which will always go with the last rider of the race and will be equipped with spare material and food assistance.

Article 10

RACE INCIDENTS AT THE LAST THREE KILOMETERS

In case of a fall, puncture or mechanical incident **-duly noted-** in the last three kilometers of a daily stages online, the injured cyclist or cyclists will be credited with the same time of cyclist or cyclists with who were at the time of the incident. The Commissaires will be award for them, the position where the cyclist passes the finish line, according to the Article 2.6.027 of UCI Regulations.

As a consequence of due to a fall proven in the last three kilometers, one or more cyclists are unable to cross the finish line, she or they will be ranked in last position in the stages and will be credited with time of the cyclist whom was at time of the accident. This article does not apply according to article 2.6.028 of the UCI Regulations, in following stages:

Stage	Route
Stage 2: 15/07/2022	Crono Individual: Muelle-Santa Rosa de Pocosol.
Stage 3: 16/07/2022	Ruta: Florencia - Cruce Muelle - La Virgen - San Miguel Sarapiquí.

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Stage 4: 17/07/2022	Ruta: Ciud. Quesada - Aguas Zarcas - Cruce de Muelle - Los Ángeles - Santa Clara – Ciud. Quesada.
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Article 11

FINISHING TIME LIMITS

According to the time taken by the winner of each stage, the following table locking control applies:





Date	Route	KM	Disqualification percentage
Stage 1: 14/07/2022	Florencia - Santa Clara - Los Ángeles - Muelle - Bajo Chilamate - Pital.	103.78	25 %
Stage 2: 15/07/2022	Crono Indiv. Muelle-Santa Rosa de Pocosol.	20.2	25 %
Etapa 3: 16/07/2022	Florencia - Cruce Muelle - La Virgen - San Miguel Sarapiquí.	71.77	30 %
Stage 4: 17/07/2022	Ciud. Quesada - Aguas Zarcas - Cruce de Muelle - Los Ángeles - Sta. Clara – Ciud. Quesada.	91.1	30 %

Only in exceptional and unforeseeable force majeure, the Commissaries' Panel may extend the finishing time limits after consultation with the Organizer. For cyclists after the deadline, they are given a second chance by the President of Commissaries' Panel; all the points obtained in the secondary general classifications will be withdrawn, in accordance with article 2.6.32 of the UCI Regulation.

Article 12

CLASSIFICATIONS

The following classifications will be in dispute, in their order of importance:

Order	Classification	Characteristics	
1°	Individual General Classification per Times	Lilac Jersey	
2°	General Classification of Regularity	Fuchsia Jersey	
3°	General Classification of Mountain	White-Pink Spots Jersey	
4°	General Classification of Intermediate Sprints	Red Jersey	
5°	General Classification of Under23	Light blue Jersey	
6°	Stage Winner	White Jersey	
7°	Teams General Classification	Yellow Dorsal Numbers	1

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A. INDIVIDUAL GENERAL CLASSIFICATION PER TIMES

It is calculated using the sum of the accumulated time-at every stage-by each cyclist, taking into account the penalties that apply -if someone have. The better qualified will be the cyclist who has totaled less time.

In case of a tie, in this classification, the fractional seconds recorded in the Climbing Individual Time Trial stage will be taken into account for the tie.

In case of a tie again, or if you do not have Individual Time Trial stage, it will use the sum of positions obtained in each stage and, ultimately, to the position obtained in the last stage disputed.

Leader Individual General Classification will wear LILAC jersey:



B. GENERAL CLASSIFICATION OF REGULARITY

For this classification, It will be obtained by the sum of accumulated points in the arrivals of all the stages and intermediate sprints, being the best classified the rider who has more points at total.

In all the stages, the distribution of points on arrival is follows:

Points for each stage			
1°	25	9°	7
2°	20	10°	6
3°	16	11°	5
4°	14	12°	4
5°	12	13°	3
6°	10	14°	2
7°	9	15°	1
8°	8		

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In the stages that have intermediate sprints, the points will be distribution as follows for each intermediate sprint:

Points Spring	
1°	5
2°	3
3°	1

If an arrival produces an ex-aequo, in any of the scores positions mentioned, each of the cyclists, fall within the ex-aequo, will be awarded points for the place where it starts occurs.

Better qualified cyclist will be who obtains the highest score. If a tie occurs between one or more cyclists, the following criteria apply:

1. The number of stage wins.
2. The number of wins in prizes of Intermediate Sprints.
3. The best one of Individual General Classification per Times.

Leader General Classification Regularity will wear the Fuchsia Jersey:



C. GENERAL CLASIFICACION OF MOUNTAIN

It will be obtained by sum of the points obtained by each runner in the high points. The best one will be who has scored the most points.

SCORE TABLE

Position	1° Category	2° Category	3° Category	4° Category
1°	10	8	6	4
2°	8	6	4	2
3°	6	4	2	1
4°	4	2	1	
5°	2	1		
6°	1			

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In case of a tie, in the Individual General Classification of Mountain, the following criteria shall apply until they have tie-breaker:

1. Number of first places in the heights of the highest category.
2. Number of first places in the heights of the next category and so on.
3. Based on the Individual General Classification per Times.

The Leader of the General Classification of Mountain will wear the WITH PINK SPOTS Jersey:



MOUNTAIN PRIZES` DETAILS

Stage	Location	Km	Category	Altitude
Stage 3: Florencia – San Miguel de Sarapiquí.	Súper San Miguel.	71.77	3° category	531
Stage 4: Ciudad Quesada – Ciudad Quesada.	Paso.	75.81	4° category	213
	Municipalidad de San Carlos.	91.50	3° category	645

D. INTERMEDIATE SPRINT GENERAL CLASSIFICATION

It is by sum of the points obtained in each of the intermediate sprints, giving the following score to the first three riders in each:

Points intermediate spring	
1°	5
2°	3
3°	1

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In case of a tie in the Sprints General Classification, the following criteria shall apply until they have tie-breaker:

1. Number of first places.
2. Number of second places.
3. Number of third places.
4. Individual General Classification by Times

Leader of Intermediate Sprints General Classification will wear the red Jersey:



INTERMEDIATE SPRINTS´ DETAILES

Stage	Location	Km
Stage 1: Florencia – Pital.	Servicentro Los Ángeles. Pollolandia.	23.58 55.13
Stage 3: Florencia – San Miguel de Sarapiquí.	Pollolandia. Servicentro Alfa y Alfa.	24.89 57.95
Stage 4: Ciudad Quesada – Ciudad Quesada.	Pollolandia. Servicentro Los Ángeles.	25.07 60.25

E. UNDER 23 GENERAL CLASSIFICATION

Cyclists who have the U-23 category, borned between 1997-2000(19-22 years) and junior in tehe second year, borned in 2001, are available to dispute this classification, which is determined by the position in the Individual General Classification per Times.

The tie-breakers will be in accordance at the same form for the Individual General Classification per Times.

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Leader of the Under 23 General Classification will wear Light Blue jersey:



F. STAGE WINNER

The winner of each stage will wear the White jersey:



G. DAILY and GENERAL TEAM CLASSIFICATION

The Daily Team Classification is established by the sum of the best individual times of each team.

In the case of equality, the teams will split by the sum of the first places by the first runners in the stage. If equality continues, the teams will be broken by the classification of their best runner in the classification of the stage.

Team General Classification is set by the sum of the three best individual times from each team in all stages. In case of equality, the following criteria will apply until they have tie-breaker:

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1. Number of first places in the daily team classification.
2. Number of second places in the daily team classification, and so on.
3. Number of second places in the daily team classification, etc
4. By the ranking of your best rider in the individual general ranking

If still a tie, the teams have tie-breaker by the classification of their best cyclist in the individual general classification. It will be removed from the Team General Classification, which is reduced to less than three cyclists

Cyclist of the Leader team of the Team General Classification will wear yellow numbers.

Article 13

BONUS

There are no time bonuses given.

Article 14

PRIZES

Be attributed the following prizes, according to the scale established by the Union Cycliste Internationale to 4th Group (WE 2.2) Rewards in dollars (\$).

Position	Daily	Total, Stage	General
1°	\$121	\$484	\$242
2°	\$71	\$284	\$142
3°	\$55	\$220	\$110
4°	\$41	\$164	\$82
5°	\$37	\$148	\$74
6°	\$37	\$148	\$74
7°	\$37	\$148	\$74
8°	\$37	\$148	\$74
9°	\$37	\$148	\$74
10°	\$37	\$148	\$74
11°	\$37	\$84	\$42
12°	\$21	\$84	\$42
13°	\$21	\$84	\$42
14°	\$21	\$84	\$42
15°	\$21	\$84	\$42
16°	\$14	\$56	\$28
17°	\$14	\$56	\$28
18°	\$14	\$56	\$28
19°	\$14	\$56	\$28
20°	\$14	\$56	\$28

General Awards of the General Individual Classification **\$ 4.206.00**

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Category	1°	2°	3°
Individual General Classification	Medal Gold	Medal Silver	Medal Bronze
Points Classification	Medal Gold	Medal Silver	Medal Bronze
Mountain General Classification	Medal Gold	Medal Silver	Medal Bronze
General Classification intermediate Springs	Medal Gold	Medal Silver	Medal Bronze
General Classification U23	Medal Gold	Medal Silver	Medal Bronze
Teams General Classification	Medal Gold	Medal Silver	Medal Bronze

Total amount of prizes for Vuelta Tica Internacional femenina is \$4.038.00 (four thousand two hundred six dollars).

All prize that will be paid in dollars or any other currency, will be according to the exchange rate set for the first day of January 2022.

Article 15

ANTI-DOPING CONTROL

The UCI Anti-Doping Control Regulation will be applied entirely in this test.

The anti-doping control awning will be located 75 meters after the finish line.

The notifications for the riders that go to the Anti-doping Control will be announced in the Awards podium, by poster that is installed in that site.

Article 16

AWARDS CEREMONY

According with article 1.2.112 of the UCI Regulations, the following riders must attend, as a mandatory, the official awards ceremony, organized at the end of each stage:

- **Daily Winner:** White Jersey
- **Leader of the Under 23 General Classification:** Tourquoise Jersey.
- **Leader of the Intermediate Sprint Classification:** Red Jersey.
- **Leader of the Mountain General Classification:** White Pink Spots Jersey.
- **Leader of the General Classification by Points:** Fuchsia Jersey
- **Leader of the Individual General Classification per Times:** Lilac Jersey.

The riders will present themselves at the podium in a time limit of maximum ten (10) minutes after his crossing the Finish Line and they must obligatorily wear the full uniform of his team, even, if someone will be the leader carrier of some classification. Once the protocol activities have been completed, those who must do so, may go to the site determined for the Anti-Doping Control, accompanied by their accompany.

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The riders have the obligation to appear in the Press Awning, for the respective interviews. Who wears the leader's jersey of any of the categories must do so with the respective leader's jersey.

In addition, for the Climbing Time Trial stage, the "hot seat" will be implemented where the three cyclists with the best times and whose names will be announced by the loudspeakers, should take a position in the back panel established for that purpose, until they are replaced by the following cyclists with a better time.

FINAL AWARDS

At the end of this event (last stage), the riders will be mandatory present at podium, also, be:

- Winner of the Stage.
- Top 3 of Under 23 General Classification.
- Top 3 of Intermediate Sprint General Classifications.
- Top 3 of Mountain General Classification.
- Top 3 of General Classification by Points.
- Top 3 of Team General Classification.
- Top 3 of Individual General Classification.

Article 17

FORMAL ACTIVITIES

It is the obligation of the invited teams to participate in the protocol activities programmed by the organization, not participating in them will lead to the exclusion of the team in the event.

Article 18

PENALTIES

The UCI Penalty Scale is the only one applicable, according to the Article 2.12.007 - 3 article and general UCI Regulations.

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PARTICULAR REGULATIONS AND GENERAL ASPECTS OF THE ORGANIZATION

TRANSITORIES

The current UCI Cycling Sports Regulations will resolve cases not expected in this Regulation.

RESPONSABILITY

According to the dispositions of articles 1.1.006 and 1.1.022 of the UCI Regulations, all entered riders, all the supporters and the technical staff of the Sports Groups must be insured against any accidents they may suffer during the course of the race and its consequences in terms of civil liability, medical expenses, hospitalization and repatriation to your home.

ADDITIONAL

At the briefing, Sports Directors and Media will be informed that once each race is finished; there will be a special site with hydration for cyclists and amenities for journalists to interview the first three at the race and the leaders of the classifications. This being the **ONLY** place to interview cyclists in a press conference, failure to do so will result in sanctions in fines and loss of prizes to runners and sanctions to the media.

Fines issued to riders governed by the Costa Rican Cycling Federation must be paid directly to the federation.

It is requested from the Organization to the Sport Directors of the participating teams, that they communicate to their riders, that in race they do not throw objects to the road in order to respect the environment.

In the same way, containers for the collection of waste will be placed in the places of exit and arrival.

DEPARTURE AND ARRIVAL SCHEDULE

	RACE	SIGNING CHECK	OFFICIAL START	FINISH HOUR
Stage 1: 14- 7- 2022	Florencia-Santa Clara-Pital.	6:50 am – 7:50 am	8:00 am	11:00:00
Stage 2: 15-7- 2022	Muelle-Santa Rosa Pocosol.	6:50 am – 7:50 am	8:00 am	11:00:00
Stage 3: 16-7-2022	Florencia-Sarapiquí.	6:50 am – 7:50 am	8:00 am	11:00:00
Stage 4: 17-7-2022	Ciud. Quesada-Aguas Zarcas- Ciud- Quesada.	6:50 am – 7:50 am	8:00 am	11:00:00

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LOCATIONS OF INTEREST

Description	Name	Direction	Phone num.
Full-time Office	Federación Costarricense de Ciclismo Oficines	San José, Mata Redonda, Metropolitan Park La Sabana, Expresident Otilio Ulate Blanco Monument .	2231-7814 2231-3944 2296-1108
International Airport	Juan Santamaría Airport	Highway General Cañas, Alajuela.	2437-2400
Rent a Car	Economy Rent a Car	3 avenue, together Datsun Agency, La Sabana, Mata Redonda, San José.	2299-2000
Neutral Services	San Nicolás Bike Shop	La Castellana Gas Station, 100 m East, San José.	2521-6090

HOSPITALS

DATE	RACE	Hospital
Stage 1: 14- 7- 2022	Florencia-Santa Clara-Pital.	Tel. 2473-3089 Pital.
Stage 2: 15-7- 2022	Muelle-Santa Rosa Pocosol.	Tel. 2477-7171. Santa Rosa.
Stage 3: 16-7-2022	Florencia-Sarapiquí.	Tel. 2766-6161. Sarapiquí.
Stage 4: 17-7-2022	Ciud. Quesada-Aguas Zarcas-Ciud-Quesada.	Tel. 2460-8830. Ciudad Quesada.

Para más información consultar: <http://www.ccss.sa.cr/hospitales>

NEAR BY HOSPITALS

LOCATION	HOSPITAL	DIRECTION	PHONE NUM
San José	México	Frente a la Autopista General Cañas, contiguo al puente Juan Pablo Segundo, La Uruca, San José.	2242-6700 2242-6817 2242-6534
	Calderón Guardia	Avenidas 7 y 9, calles 15 y 17, Barrio Aranjuez, San José.	2212-1000 2212-1227 2212-1196
	San Juan de Dios	Avenida cero (Paseo Colón), contiguo al Hospital Nacional de Niños, San José.	2547-8000 2547-8210 2547-8919
San Carlos	San Carlos	Barrio San Roque, Provincia de Alajuela, Ciudad Quesada.	2401-1200 2401-1325 2401-1327 2460-0533

WINNERS OF THE COSTA RICAN WOMEN CYCLING TOUR

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YEAR	RIDER NAME	COUNTRY	
2019	RAMIREZ ANDRE	MEXICO	
2018	BLANCA MORENO	COLOMBIA	
2017	ARLENIS SIERRA	CUBA	
2016	ARLENIS SIERRA	CUBA	
2015	MILAGRO MENA	COSTA RICA	
2014	OLGA ZABELINSKAYA	RUSIA	
2013	INGA CILVINAITE	LITUANIA	
2012	EDITH GUILLEN	COSTA RICA	
2011	EDITH GUILLEN	COSTA RICA	
2010	EVELYN GARCIA	EL SALVADOR	
2009	EVELYN GARCIA	EL SALVADOR	
2008	GLORIA GUTIERREZ	COLOMBIA	
2007	ADRIANA ROJAS	COSTA RICA	
2006	ADRIANA ROJAS	COSTA RICA	
2005	KAREN MATAMOROS	COSTA RICA	
2004	VIVIANA MAYA	COLOMBIA	
2003	KAREN MATAMOROS	COSTA RICA	
2002	KAREN MATAMOROS	COSTA RICA	
1991	ROSAURA MENDEZ	COSTA RICA	